

**REGATTA PORT BOURGAS - 2016  
BOURGAS SAILING WEEK**

**04<sup>th</sup> – 08<sup>th</sup> May 2016, Bourgas – Bulgaria**

**World Sailing 50 Point Graded Event**

# Sailing Instructions

## Optimist Class



**Organising authority:** *Yacht Club Port Bourgas*

**[DP]** denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.

**[NP]** denotes that a breach of this rule will not be grounds for protest by boat.

**[SP]** denotes a rule which a standard penalty may be applied by the Race Committee without a hearing.

## **1. Rules**

**1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the Notice of Race and by these Sailing Instructions.

**1.2** No national authority prescriptions will apply.

**1.3** Rule 61.1 "Informing the Protestee" is changed as follows:

Add to rule 61.1(a) "The protesting boat shall inform the Race Committee of the boat/s being protested at the finishing line immediately after finishing."

**1.4** Rule 40 and the preamble to Part 4 are changed as follows:

**1.4.1** The first sentence of rule 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."

**1.4.2** Add to the preamble of Part 4, after 'racing': ", except rule 40 as amended by instruction 1.4.1"

**1.5** The Class Rules of the Optimist Class will apply.

**1.6** The language of the regatta will be English. If there is a conflict between languages the English text will take precedence.

**1.7** The Sailing Instructions shall take precedence over the Notice of Race. This changes RRS 63.7.

## **2. [DP][NP] Advertising, Identification, Cameras and Electronic Equipment**

**2.1[SP]** Each boats shall be required to display her national country code on her sails.

**2.2** Boats shall display event sponsor advertising, if required by the organising authority. The organizing authority will supply the advertising and instructions for their use.

**2.3** Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.

**2.4** The use of other cameras, sound equipment or positioning equipment will not be allowed.

**2.5** Boats shall display a coloured ribbon corresponding to the colour of her fleet, permanently fixed during the day's races and free to fly from the top of the sprit. The ribbons will be supplied by the organising authority.

## **3. [DP] Code of conduct**

**3.1** Competitors shall comply with any reasonable requests from a regatta official.

**3.2** Competitors shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.

## **4. Notices to Competitors**

Notices to competitors will be posted on the official notice board (ONB) located at windows of the storehouse of Yacht Club Port Bourgas.

## **5. Changes to the Sailing Instructions**

**5.1** Any change to the sailing instructions will be posted before 10:00 hrs on the day it will take effect, except that any change to the schedule of the first races of a day will be posted by 20:00 hrs on the day before the day it will take effect.

**5.2** Any re-assignment of course areas can be done 30 minutes before flag D is displayed ashore or 30 minutes before flag AP is removed ashore.

## **6. Signals Made Ashore**

**6.1** Signals made ashore will be displayed on the flag pole located at the roof of the club house of Yacht Club Port Bourgas. When a signal is displayed over a class flag or fleet class flag, it applies to that class or fleet only. This changes the Race Signal preamble.

**6.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in race signal AP.

**6.3[DP]** Flag D with a sound signal means: "The warning signals will be made not less than 45 minutes after flag D is displayed or not before the scheduled time, whichever is later. Boats shall not leave their allocated berths until this signal is made.

## **7. Regatta format**

**7.1** The regatta will consist of qualifying series followed by a final series.

### **7.2 Qualifying Series:**

**7.2.1** There will be 5 races in the qualifying series. At least 4 qualifying races shall be completed to constitute the qualifying series. The qualifying series will take place on the first 2 racing days (5<sup>th</sup> and 6<sup>th</sup> of May 2016). If 4 races of a qualifying series have not been completed by the end of the second day of the regatta, the qualifying series will continue on next racing day until fourth qualifying race is completed.

**7.2.2** For qualifying series boats will be assigned to fleets Yellow and Blue of as nearly as possible, equal size. Initial assignments will be made by the Race Committee.

**7.2.3** For the initial assignment to fleets, boats will be sorted by alphabetical order of national letters and then by numerical order of sail number.

**7.2.4** The initial assignment will be done on 5<sup>th</sup> May 2016 upon completion of the registration.

**7.2.5** Boats will be reassigned to fleets after each day of racing, except if on the first day only one race is completed. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If all fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets. Reassignments will be made as follows:

<b>Rank in series</b>	<b>Fleet Assignment</b>
First	Yellow
Second	Blue
Third	Blue
Fourth	Yellow
And so on	

**7.2.6** Assignments will be based on the ranking available at 20:00 that day regardless of protests or requests for redress not yet decided.

**7.2.7** If all fleets have not completed the same number of races by the end of a day, the fleets with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets.

### **7.3 Final Series:**

**7.3.1** There will be 5 races in the final series. A final series will be scheduled if 4 or more qualifying series are completed. The final series will take place on the 3<sup>rd</sup> and 4<sup>th</sup> racing days (7<sup>th</sup> and 8<sup>th</sup> of May 2016).

**7.3.2** Final series colours;

<b>Rank in series</b>	<b>Fleet Assignment</b>
First %50	Yellow
Second % 50	Blue

## 8. Schedule

### 8.1 Daily schedule:

Day 1 – 04 <sup>th</sup> May 2016	Registration and equipment inspections	12:00-18:00
Day 2 – 05 <sup>th</sup> May 2016	Equipment inspections Opening Ceremony Races (first warning signal)	08:00-10:30 11:00 13:00
Day 3 – 06 <sup>th</sup> May 2016	Races	TBA
Day 4 – 07 <sup>th</sup> May 2016	Races	TBA
Day 5 – 08 <sup>th</sup> May 2016	Races Closing Ceremony	TBA TBA

8.2 No more than three races shall be sailed each day.

8.3 Races not sailed on the scheduled day may be sailed on a following day at the discretion of the race committee.

8.4 The warning signal for each succeeding race will be made as soon as practicable.

8.5 No warning signal will be given after 15:00 on the last day.

## 9. Class Flags

Class flags will be:

**Class: Optimist – Yellow Fleet**

**Flag: White flag with blue Optimist class insignia**

**Class: Optimist – Blue Fleet**

**Flag: Blue flag with red Optimist class insignia**

## 10. Racing Areas

**Attachment A** shows the location of racing areas.

## 11. The Courses

11.1 The diagrams in **Attachment B** show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## 12. Marks

12.1 Marks 1, 2 and 3 (3s/3p) will be **Red buoys**.

12.2 The starting marks will be the race committee starting boat at the starboard end and a boat displaying an orange flag (or buoy with staff displaying an orange flag) at the port end.

12.3 The finishing marks will be the race committee finishing boat at the starboard end and a boat displaying an orange flag (or buoy with staff displaying an orange flag) at the port end.

12.4 New marks as provided in instruction 14.1 will be **Yellow buoys**.

12.5 A race committee boat signalling a change of course is a mark as provided in S.I. 14.2.

## 13. The Start

13.1 The starting line will be between staffs displaying orange flags on the starting marks.

13.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound for at least five minutes before a warning signal is displayed.

13.3 **[DP][NP]** Boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions. The waiting area windward boundary will be designated by **Green buoys**. When the warning signal for the first fleet has been made, boats from other fleets shall be in the waiting area. Boats may approach the starting line after the starting signal of the previous fleet and, in case of an individual recall, after the X flag has been removed.

13.4 If flag U has been displayed as the preparatory signal, no part of the boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute

before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is re-started, re-sailed, postponed or abandoned before the starting signal. This changes RRS 26 Starting Races. When flag U is used as the preparatory signal RRS 29.1 Individual recall does not apply. The scoring abbreviation for a flag U penalty is UFD. This changes A11 Scoring Abbreviations.

**13.5 [DP][NP]** Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.

**13.6** A boat starting later than four minutes after her starting signal will be scored DNS. This changes RRS A4 and A5.

## **14. Change of the Position of the Next Mark**

**14.1** To change the next leg of the course, the race committee will:

- (a) lay a new mark;
- (b) move the finish line; or
- (c) move the leeward gate.

When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

**14.2** Except at a gate, boats shall pass between the race committee boat signalling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

**14.3** In case of a missing mark at a gate the remaining mark should be rounded, leaving the mark to port. This changes RRS 28.1.

## **15. The Finish**

The finishing line will be between orange flags on the finishing marks.

## **16. Penalty System**

**16.1** Appendix P, *Special Procedures for RRS 42*, will apply.

**16.2** RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

**16.2** A boat that has taken a penalty or retired under RRS 44.1 shall complete an acknowledgement form at the race office within the protest time limit.

## **17. Time Limits**

**17.1** Time limits are as follows:

<b>Time Limit</b>	<b>Mark 1 time limit</b>	<b>Finish window</b>	<b>Race Target time</b>
90 min.	30 min.	20 min.	50 min.

**17.2** If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

**17.3** Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

**17.4** Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

## **18. Protests**

**18.1** In addition to conformance to RRS 61, the protesting boat shall approach the Race Committee boat stationed at the starboard end of the finishing line immediately after finishing and inform her of the boat/s being protested by hailing the protested boat's sail number/s.

**18.2** Protest forms are available at the Regatta Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

**18.3** The protest time limit is 60 minutes after the last boat has finished the last race of the day or racing has been postponed or abandoned for the day.

**18.4** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room



beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time. No protest hearing will start after 21:00 hours.

**18.5** Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

**18.6** A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

**18.7** Breaches of rules in the sailing instructions marked **[NP]** will not be grounds for a protest by a boat. This changes RRS 60.1(a).

**18.8** Penalties for breaches of the RRS, Class Rules, RRS 55 or rules in the NoR and SIs marked **[DP]** or **[SP]** should the case go to a hearing, are at the discretion of the International Jury. A boat may accept a discretionary penalty for the breaches stated above before a hearing concerning the same incident by completing a form available at the jury office.

**18.9** For breaches of the SIs marked **[SP]** the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

**18.10** On the last racing day a request for reopening a hearing shall be delivered:

(a) within the protest time limit if the requesting party was informed of the decision on the previous day.

(b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

**18.11** On the last day of racing, a request for redress based on the jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

**18.12** Decisions of the jury will be final as provided in RRS 70.5.

## **19. Scoring**

**19.1** The Low Point System of RRS Appendix A will apply.

**19.2** RRS A4.2 is changed so that the scores are based on the number of boats assigned to the largest fleet.

**19.3** If at the end of the last day of races some boats have more race scores than others, scores for the most recent races will be excluded so that all boats have the same number of race scores.

**19.4** To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

**19.5** At least 3 races are required to be completed to constitute the regatta series.

**19.6** Discards:

**19.6.1** When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.

**19.6.2** When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

**19.7** The scoring for the juniors in Optimist class will be extracted from the General overall scoring.

## **20. [DP][NP] Safety Regulations**

**20.1[SP]** Check-out and check-in procedure will be established. All competitors must sign personally:

a) before leaving to race on each scheduled day after flag D is displayed ashore.

b) within the protest time limit after returning ashore.

The check-out and check-in point will be located in front of the ONB.

The signature of a representative is invalid.

**20.2[SP]** Boats not leaving the harbour for the day's races shall notify the regatta office as soon as possible.

**20.3[SP]** A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the regatta office as soon as possible after returning ashore.

**20.4** Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).

## **21. [DP][NP] Replacement of Equipment**

**21.1** Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

**21.2** Substitution of damaged equipment may be permitted provided the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Measurement Sub-Committee.

**21.3** If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Measurement Sub-Committee after the end of the day's racing. The substitution is subject to the approval of the Race Committee given retrospectively.

## **22. [DP][NP] Equipment and Measurement Checks**

**22.1** All boats shall have valid measurement certificates.

**22.2** A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race and the Sailing Instructions.

**22.3** On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

## **23. Official Boats**

Official boats will be marked as follows:

<b>Official Boat</b>	<b>Flag</b>
Race Committee	Flag " RC"
PRO	Flag "PRO"
Jury	Flag "JURY"
Measurer	Flag "MEASURER"
VIP	Flag "VIP"
Press/Media boats	Flag "PRESS"
Safety Boat	Flag "S"
Medical	Flag " + "

## **24. Support Boats**

Attachment D - Support Boat Regulations shall apply to all support boats.

## **25. [DP][NP] Trash disposal**

In addition to RRS 55 trash may be placed aboard support and race committee boats.

## **26. [DP][NP] Berthing**

When berthed, boats shall be kept in their assigned place in the boat park. Boats shall not be moved from their parking spaces toward the launching ramps until flag D is displayed and instructed to do so by the Beach Master.

## **27. [DP][NP] Radio Communication**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.

## **28. Prizes and title**

Prizes will be awarded to every boat placing first, second and third in each group, except the General overall placing in Optimist Class, which will not be awarded. Groups are as follows:

**Class Optimist:**

1. General overall placing (will not be awarded)
2. General overall placing of boys - born after 31.12.2000 (to be taken out of General overall placing)
3. General placing of boys up to 12 years of age - born after 31.12.2003 (to be taken out of General overall placing)
4. General overall placing of girls - born after 31.12.2000 (to be taken out of General overall placing)
5. General placing of girls up to 12 years of age - born after 31.12.2003 (to be taken out of General overall placing)

**29. Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority and all parties involved in the regatta organization will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**30. Rights to use name and likeness**

By participating in this championship competitors automatically grant to the Organizing Authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the championship, and of all of his or her material related to the championship, without compensation.

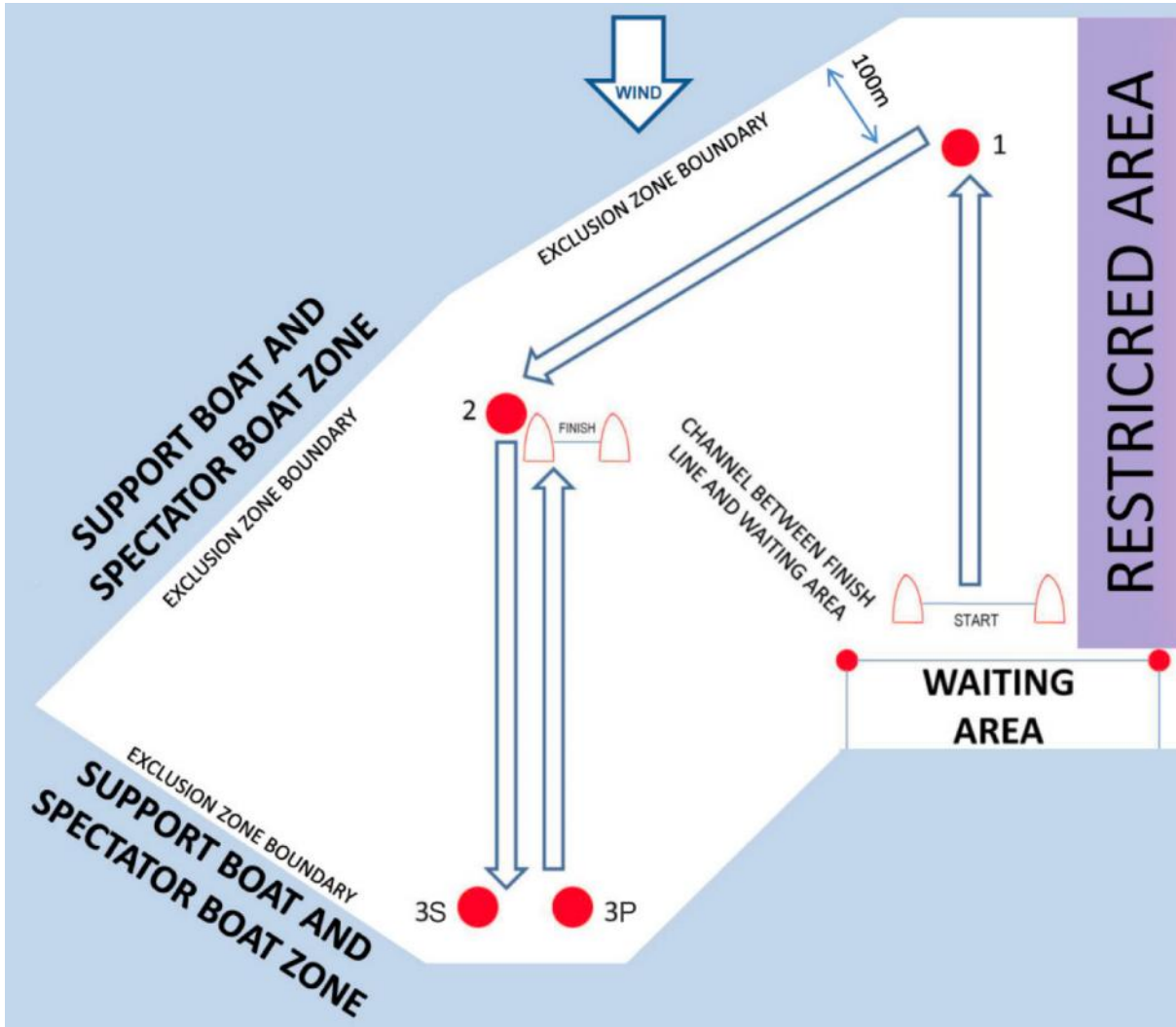
**31. Insurance**

Each participating boat shall be insured with valid third party liability insurance.

**Attachment A – Race Area**



Attachment B – Course  
Optimist Class



## Attachment C – Support Boats Regulations

### 1. General

**1.1** These Support Boat Regulations (SBR) shall apply from 00:00 on Wednesday the 04<sup>th</sup> of May 2016 until 00:00 on Monday the 09<sup>th</sup> of May 2016.

**1.2** For the purposes of these regulations, a support boat includes any boat that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.

**1.3** The Organizing Authority may inspect boats at any time to ensure that they comply with these regulations, and the person responsible for the boat shall facilitate such inspection.

**1.4** An alleged breach of any of these regulations may be referred to the International Jury for a hearing. As a result of the hearing, the International Jury may instruct the Organizing Authority to withdraw accreditation and access rights from the driver or person in charge, with or without the option of substitution, either for a specified period or for the remainder of the competition. Note also, action may be taken under RRS 69.

**1.5** The Organizing Authority may change these regulations at any time. Any changes will be posted on the official notice board and circulated to team leaders.

**1.6** The Organizing Authority may, at its discretion, refuse to register support boats not deemed to be suitable.

**1.7** Support boats and designated drivers shall be registered at the regatta office either before leaving the venue by water for the first time or by 18:00 on the day before the first race of the event that it is supporting, whichever is earlier.

**1.7.1** Each boat shall be insured with valid third-party liability insurance with a minimum coverage of **EUR 200 000** (or equivalent) per incident.

**1.7.2** Only an accredited person may be a designated driver.

**1.7.3** The person registering the support boat shall confirm that:

- a) a valid insurance certificate showing proof of third-party liability coverage as required by 1.7.1 has been obtained;
- b) each designated driver has a motorboat driving license recognized by a national authority appropriate to that boat; and
- c) anyone who will be using a radio has an appropriate radio operation license recognized by a national authority.

**1.8** Support boats shall be marked with the applicable national sail letters (see RRS1.1) clearly displayed on both sides of the boat in strongly contrasting colors at all times while afloat. The minimum height for the letters shall be 200 mm. The letters will not be provided by the Organizing Authority.

**1.9** Support boats shall display also a special flag provided by the Organizing Authority against a deposit of **EUR 10**.

### 2. Sailing venue

**2.1** Support boats shall use the designated slipway/area for launching. Once launched, trailers shall be moved immediately to the trailer park or as otherwise directed by the Organizing Authority.

**2.2** Only registered support boats will be allowed into the sailing venue.

**2.3** When not in use, support boats shall be appropriately berthed at the sailing venue in the allocated areas for support boats for the entire time that these Support Boat Regulations apply.

**2.4** Support boats shall not use the dinghy launching slipways or keelboat pontoons for any purpose whatsoever, including mooring, launching and retrieval, and loading and unloading of equipment.

### 3. Safety

**3.1** Support boats shall carry on board:

- a) life jackets / buoyancy aid for all passengers and the driver
- b) first-aid kit;

- c) VHF radio;
- d) device for making a sound signal;
- e) compass;
- f) adequate anchor and tackle for conditions and depth;
- g) tow rope (minimum 15m long and 10mm thick);
- h) operational engine kill cord (also known as a safety lanyard or automatic engine immobilizer);
- i) hand pump or bailer
- j) knife; and
- k) any additional safety equipment required by local maritime law.

It is recommended that life jackets be worn at all times when afloat.

**It is strongly recommended that the kill cord is used at all times when the engine is running.**

**3.2** The maximum plated / certified passenger limits for the boat shall never be exceeded.

**3.3** Team leaders are responsible for overseeing the safe operations of their support boats on the water, including knowledge of who is afloat and ensuring their safe return to the venue.

**3.4** At all times, the registered driver(s) of a support boat shall comply with directions given by a race official. In particular, this includes assisting in rescue operations when requested to do so.

**3.5** When the race committee displays flag V with repetitive sounds and/or broadcasts "Code Flag Victor" on the designated VHF Channel 77 all registered support boats shall comply with any instruction given by the race committee or the Organizing Authority as assistance / rescue boats.

**3.6** Support boats shall comply with local harbor and marina regulations, including speed limits.

#### **4. General restrictions**

**4.1** The registered driver(s) of a support boat will be responsible for the control of the boat at all times and will be held responsible for any inappropriate behavior, dangerous actions or improper practices, or actions affecting the fairness or safety of competition.

**4.2** Support boats shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.

**4.3** Support boats should take particular care to minimize their wash when transiting the course areas.

#### **5. Racing area restrictions**

**5.1** Support boats shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

**5.2** During any starting sequence, support boats shall stay at least 50 meters to leeward of the starting line and its extensions.

**5.3** Support Boats shall not be positioned:

**5.3.1** Closer than 100 meters of any boat racing.

**5.3.2** Within 100 meters of the starting line and marks.

**5.3.3** Between any boat racing and the next mark of the course.

**5.3.4** Between the inner and outer trapezoid courses. Support boats may, after the last start of a race, move between the waiting and the finishing areas through the centre channel. (See diagram in Attachment B).

**5.3.5** Within 100 meters of any mark of the course while boats are in the vicinity of that mark.

**5.3.6** Within 100 meters of the finishing line and marks while boats are finishing.

**5.4** In addition, support boats that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

**5.5** When a race committee or jury member instructs a support boat to move further from the course area, the support boat shall do so immediately.

**5.6** Additional restrictions apply to medal races and will be posted on the official notice board.